OK- Kailash Manasarovar Yatra

As per Hindu scriptures, significance of Kailash -Mansarovar Yatra is immense. Kailash is considered as the abode of Shiva and his divine consort Parvati. The peak of Kailash is the most beautiful and considered to be the holiest mountain on earth among all other peaks.

Days \ Nights	15D \ 14N
Stay	Kathmandu 4N, Nyalamu 2N, Saga 2N, Paryang 3N, Manasarovar 1N, Darchen 1N, Dira Puk 1N, Zutul Puk 1N, Darchen Hore
Dep Dates	June: 10, 25, July: 12, 27, Aug: 8, 19, 23, Sept: 3
Reporting Dropping	Day 01: Kathmandu Airport at 2.00 pm
	Day 15: Kathmandu Airport at 12.50 pm
Road Travel	Mini Coach at Kathmandu, Friendship Bridge to Darchen by Land Cruiser, Parikrama by Trekking
Sightseeing	Kathmandu: It is the capital and largest metropolitan city of Nepal. Hindu and Buddhist pilgrims from all over the world visit various religious places located in Kathmandu and the surrounding district such as Pashupatinath, Swayambhunath, Baudhanath, Budhanilkantha etc.
	Kailash Parvat : Kailash is considered to be the holiest mountain on earth by Hindu, Buddhist and Jain. Through millennia, monks, yogis and pilgrims have braved unimaginable hardships to reach this abode of Gods. For Hindus, a journey to Kailash is considered the ultimate yatra due to the difficulty of reaching it and the level of sanctity attached to it.
	Manasarovar : As per Hindu mythology, Lake Manasarovar created by Lord Brahma is the abode of purity and one who touches its earth will go to paradise. Like Mount Kailash, Lake Manasarovar is a place of pilgrimage, attracting religious people from India, Tibet and the neighboring countries. Pilgrims flock in every year to take ceremonial baths in the cleansing waters of the lake and drink its water as it is believed to cleanse all sins and enable you to go to the heaven of Lord Shiva.
Accommodations	This tour being a yatra tour, the hotel category will differ from rest of the Kesari hotels. In this tour we offer shared tent/ guest house accomodation during Kailash Parikrama. We will be staying in hotel at Kathmandu. In tibet we will stay in small lodges/ tents. Dormitory accomodations are also provided at some destinations.

Complimentary	Duffel Bag, Haversack & Indian Pouch
	Cap & Poncho
	Thermas & Hot water bag
USP's	• 2 Experience carring Tour Manager for your conveince. Through out the Parikrama our tour managers always with group.
	 Carring extra team of local escort-sherpa team along with us. Best Airlines
FAQ	1

Which is best season for this tour ?

This yatra is done in the Himlayan regions, Hence it is conducted in very few months of a year. The best months as per weather conditions are July to Sept.

Do we require passport for this tour?

Yes, As we are traveling to a foreign country, you are requested to carry a valid Passport.

How much luggage can we carry on tour?

As we travel by Air from Mumbai to Kathmandu. Maximum baggage allowance per person is one big check in suit case weighing 20Kg and handbag upto 6kg.

How prior do you require to submit the passport in Kesari office?

Passport should be submitted at time of the booking. It should be at least 45 working days in advance. We require 3 visas one for Nepal-Kathmandu .i.e. on arrival visa, Second Tibet visa for Kailash Manas & Third is China visa because some part of Tibet comes in China. Tibet and China visa stamping in not done in the Passport. It is a group Visa.

How many days are required for visa processing ?

Visa processing requires at least 45 working days.

How is Road Journey ?

In this yatra the roads condition and connectivity upto Darchen is in good conditions. But Parikrama has to be done by trekking. For Parikrama one can avail the facility of Horse, Yak or sherpa (porter) to carry your luggage.

What type of transportation is used ?

Kathmandu sightseeing is done by coach . From Nepal border towards Darchen we travel by Land cruiser.

What are the daily traveling hours?

From Nepal border towards Darchen the daily traveling is almost 6 to 7 hours

Do you travel in Night?

No we are not traveling in night for safety reason.

Can we join directly to the first destination hotel and how far it is ?

Yes. You can join directly at Kathmandu hotel.

Give more details of communication facilities with rates ?

We recommend do not carry mobile phones as incoming & outgoing charges are very high. But

everywhere ISD facilities are available and the rates are reasonable. Approximate ISD calling charges are 5 Yuan per minute.

What would be the climate there and what clothings need to be carried ?

The maximum temperature is 10° C and minimum can even drop up to -2° C at times . Sufficient woolen clothes and thermal wear has to be carried on tour . Even the information relating to it is provided in Bag pack Tips which would be given to Guest before the tour on pre departure get together.

Is there availability of woollens over there ?

We generally recommend you to carry wollens from here itself, but if in case you require to buy woollens then shopping is only available at Kathmandu.

What would the Accommodation be like ?

At Kathmandu the accommodation will be 3 star hotel. From Naylamu to Darchen the accommodation will be at small Lodges \ Dormitory. During Parikrama the accommodation would be in tent or Guest House.

Will the guest be allowed to take shower on daily Basis in Tibet ? What are the facilities in Tibet ?

The guest would not be allowed to take shower for few days as it is not advisable due to the weather conditions. Facilities like common / open toilets and the tented accommodation are also available

Do you give assurance of Darshan?

Marigold tours are strategically planned in such a way that we operate the tour in best season. We avoid major festivals period of that temple, and also take care of closing and opening timings of temples, which helps us to get good darshan. But sometimes due to certain reasons like VIPs or any political disturbances, temples under renovation, natural calamities etc.. our darshan might get affected.

Do all temples/sightseeing have road connectivity?

Kailash Mansarovar Yatra's road connectivity is upto Darchen & Parikrama by trekking takes 3 days . You can avail facility of Horse, Yak or Sherpa (porter) for Parikrama.

Can we take Helicopter service from Kathmandu for Parikrama?

Yes, The helicopter service is operate from Kathmandu to Takalakot. From Takalakot to Darchen is road journey and Darchen to Kailas for Parikrama by three days treakking. In this case your journey is not giving sufficient time to acclmitation your body so you might suffer from High attitude sickness. So we strongly recommed you to travel step by step to acclimatize your body.

Why we are not covering Ashtapad?

The Ashtapad is Jain holy place. It is a narrow n zig zag road. Those who do not want to do Parikrama they can visit Astapad to get a close view of the Holy Kailash Parvat on their own.

Do the guest need to have Medical Fitness certificate ? Why ?

Yes Medical certificate is required for this tour .You need to be physically and mentally fit while taking this tour as you would be traveling on high altitudes where the oxygen supply would be less there are chances that you may develop certain ailments so for precautions we would highly recommend you to undergo Medical Tests like ECG,Cardiac Test, Lung functioning test & Chest X'ray.

For whom this yatra is not recommedned?

Those suffereing from Asthma, High BP, Heart problem, Inhalation Problem, High attitude sickness, Physically challenge-Handicap & those who undergone bypass surgery are not

recommedned to travel.

If we do not want to do Parikrama, do we still we require Medical Fitness certificate?

Yes, If you dont want to go for Parikrama also the Medical Fitness Certificate is mandatory. As this tour is on high altitude, the weather conditions here is unpredictable.

What arrangement do you make if we dont want to go for Parikrama?

For Parikrama we start our journey from base camp of Darchen. If some of guest does not want to go for Parkirama they can stay over at Darchen. For them our local escort or Sherpa will accompany them for 3 days.

Do we have sufficient time to get acclimatized on tour ?

Yes, Our itinerary itself has been designed in such a way that major precaution and sufficient time is provided for acclimatization. Also our expert tour Managers keep giving proper tips and trainings before departure and on tour from time to time.

How we can do the Parikrama?

You can do the Parikrama by walk or horse/yak. Parikrama takes 3 days to cover 45kms. When you select to do Parikrama by walking, you will not get in between of Parikrama any faciliteis of Horse and Yak. We suggest you to hire porter while trekking by Horse/Yak/Walking to carry your bag pack.

Is there any facilities of Doli, Pony facility to avoid trekking ?

You can avail the facility of Horse and Yak for Parikrama. It is also recommended to hire Sherpa while trekking on Parikrama to carry your back pack.

Do we carry cook on this tour ?

Yes, we carry our own kitchen along with a local cook on this tour. The local cooks are more used to the climate there, hence we prefer them for our tours.

What type of food will be served on the tour?

Pure veg will be served on this tour. This yatra tour is in High attitude there is limitation of vairety of vegetables and grocery. You might not get varieties of food. Basic Jain food will be provided

What are the facilities for communication en-route on this tour ?

There are facilities of paid phones available at Nyalamu, Saga, Paryang except Parikrama duration.

Why we are not carrying doctor in this tour?

No, Practically it is not possible to take Doctor

How much currency we can carry during this yatra?

As this tour is consider an International tour as per BTQ you can carry US\$10000 per year & Rs.7500/- INR cash. While traveling to Tibet you require Yuan (Chinese currency) that you can take from BTQ. For Kathmandu you can carry upto Rs.7500/- on INR but don't take Rs.500/- & Rs.1000/- currency note as there prohibited. For emergency please carry some dollars.

You will require Yuan for payment if you avail services of Horse/Yak or Porter. Approximate charges are 2000 Yuan per person. Also we recommend you to carry additional 500-1000 for miscellaneous exp.

What is time difference ?

Nepal is 20 minutes ahead and Tibet is 2.30 minutes ahead from IST.

What precaution should take for the smooth tour?

• As this Yatra in high attitude, you are highly recommended to practice long distance walking at least everyday 5/6 kms with your Trekking shoes which will be comfortable for you.

- To do the practice of Climbing the step and Avoid lift service..
- Keep practice of light & healthy food which will keep you energetic.
- Do Pranayma every day to control on breath.

Is insurance cost covered in tour cost ?

No, The tour cost does not include insurance charges but it is advised and recommended to have adequate insurance policy. You can avail this service from our Kesari office.

Why our tour cost is little higher than market?

As per Kesari standards Marigold tours provide quality service to our guest which like best hotel, best food, best transport, well planned and organized itinerary and above all the best part is our expert tour mangers on this tour.